

PaddleNSW - Woronora River Marathon Race Briefing
Saturday 16th July 2022, 9:30am
Hosted by the Sutherland Shire Canoe Club (SSCC)



“We acknowledge the Dharawal people, the traditional owners of the land on which we gather, and we pay our respects to their Elders both past and present.”

Location - Burnum Burnum Sanctuary, Washington Drive, Woronora.

COVID 19 Guidelines – Please do not attend if; you are unwell and/or display cold or flu-like symptoms (fever, coughing, sore throat, shortness of breath, loss of sense of smell), or you have been in contact with someone who is unwell or awaiting results of a COVID test.

Parking - is available in the public parking area of the reserve and also through the far gate (club driveway) in the carpark, between the carpark and the club house as overflow parking. SSCC club members on duty will provide guidance. **Please drive slowly and be wary of all pedestrians, particularly children. Pedestrians have right of way at all times.**

Pre-Race – there will be a pre-race briefing at 9am, however please read this notice carefully taking particular note of the course maps.

Presentation – there will be no presentation after the ceremony. The results will be available on Webscorer following the race,

Boat Setup - Please use the grassed park areas for setup and leave the car park for parking.

Food and Beverages – The club will be operating a BBQ and drinks will also be available (CASH ONLY). A coffee van will also be in attendance adjacent to the club building.

Weather – The weather may be cool so please dress appropriately

Support Boats - There will be three support boats including SES volunteers on the course, however please provide assistance if you are near someone in need of help.

First Aid – The first aid tent and officer(s) will be adjacent the start finish line.

Life Jackets Are Compulsory - Under the terms of our Aquatic License for all paddlers.

Tide – High at 11:28am, 1.45m. So the course should be fast.

Portage - There is no portage for this race.

Launching - Launch from the boat ramp in the car park, from the adjacent grass area and bank or from the beach in front of the club house.

Marshalling Area - Please remain on the side of the river nearest the boat ramp and towards the bridges whilst warming up. Crossing the river will put you in the path of racers who have already started

Registration – Check-in opens at 8:15am at the SSCC club building and closes at 9:25am. There are no on the day entries. All paddlers must have checked in and collected their race numbers before the closing time, no exceptions.

Start Times –

9:30am for Division 7

9:40am for Division 6

9:50am for Division 5

10:00am for Divisions 1 through to 4 and 8 through to 13 in approximately 2 minute intervals.

Course – **We are using a NEW COURSE this year so please pay special attention to the course maps and details below.**

We recommend you view the course map videos on the SSCC club website. The links are below.

<https://shirekayaking.paddle.org.au/2021/06/17/woronora-marathon-course-videos-5km-lap/>

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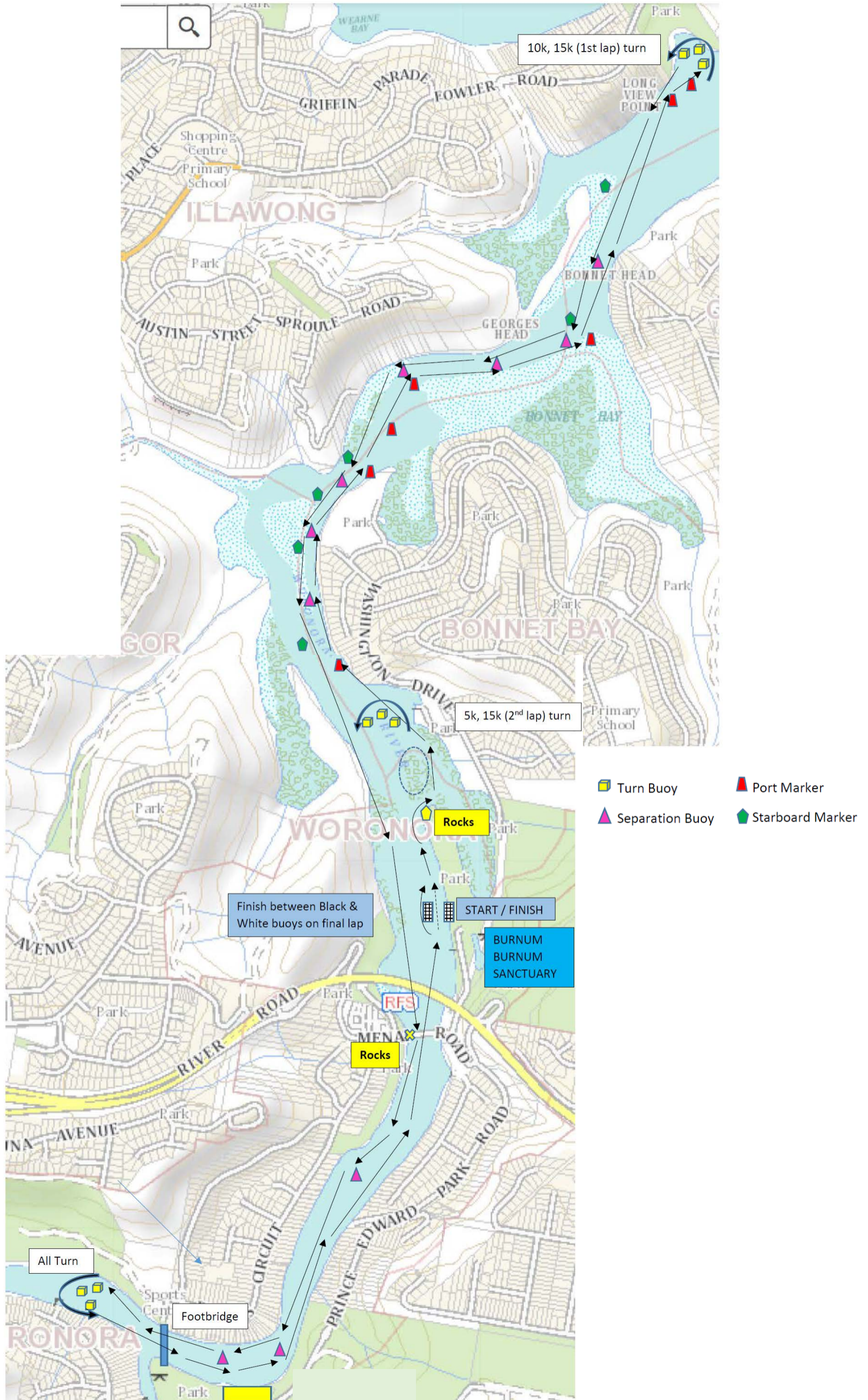
Hazards on the courses are also summarized here;

<https://shirekayaking.paddle.org.au/club-activities/#woronora-river-hazards-road-bridges:-:text=Woronora%20River%20Hazards>

If you have any questions please email us on committee@shirekayaking.info.

- Please note the race direction is counter-clockwise.

Woronora Marathon Course Map

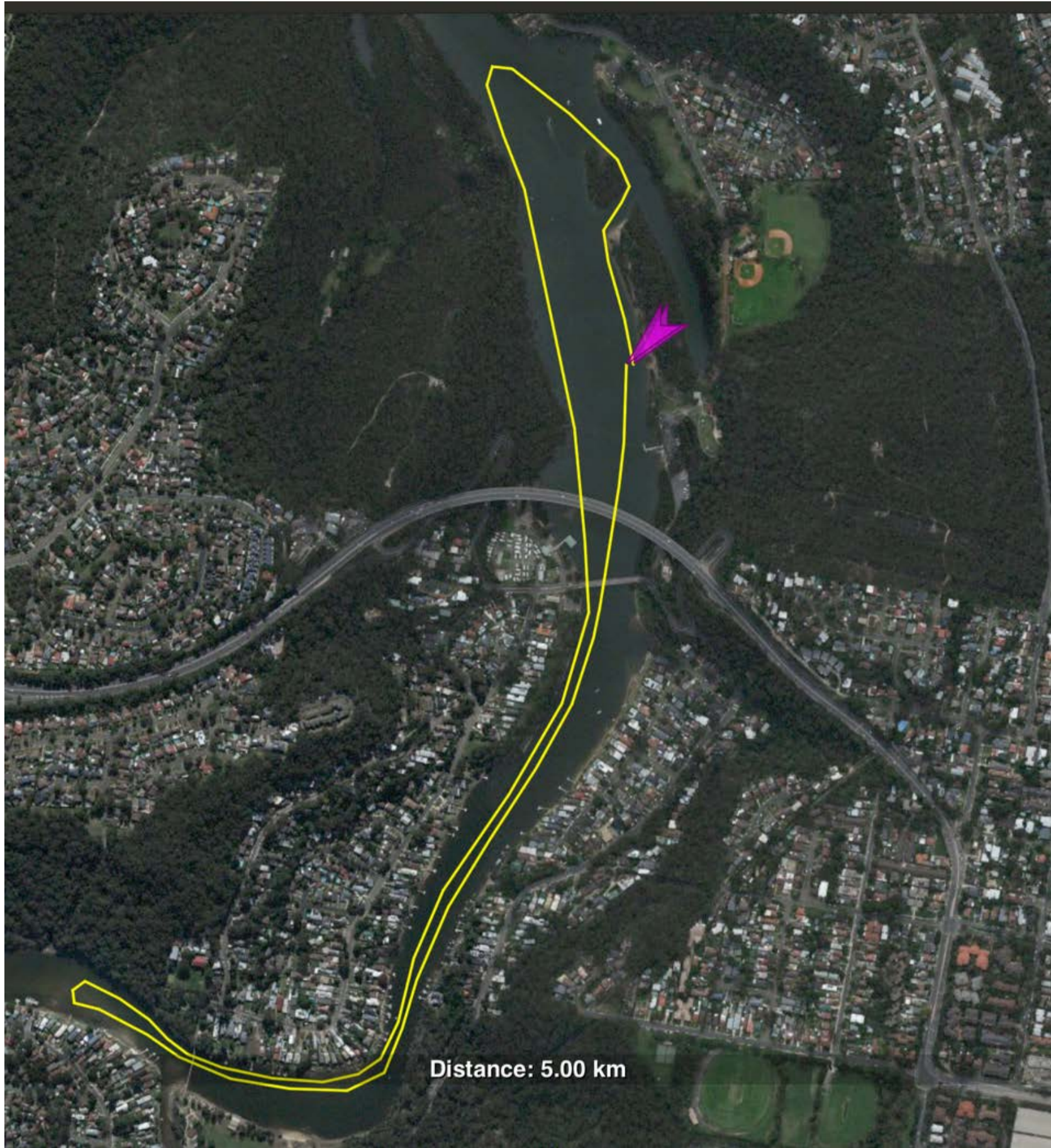


Woronora Marathon 10km Loop



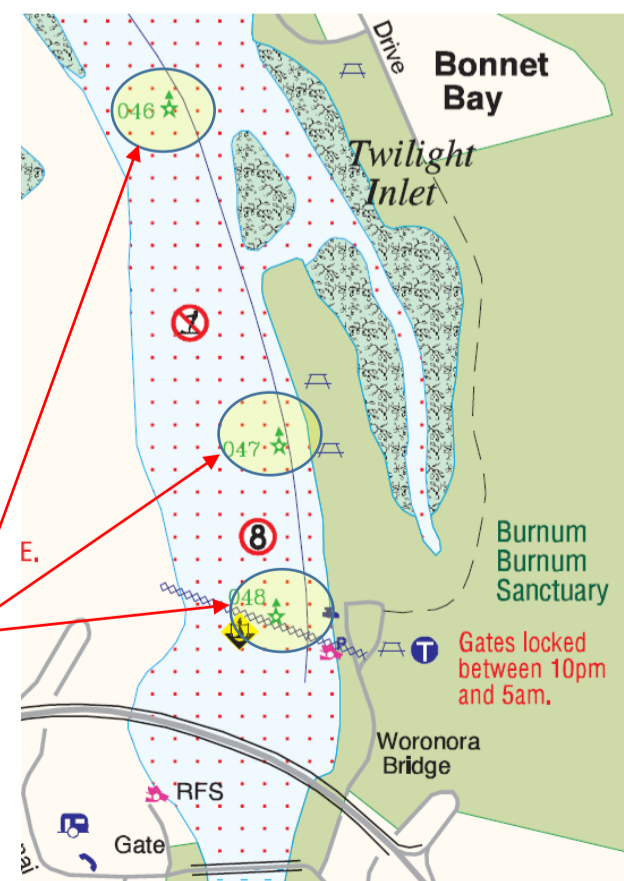
Distance: 10.00 km

Woronora Marathon 5km Loop

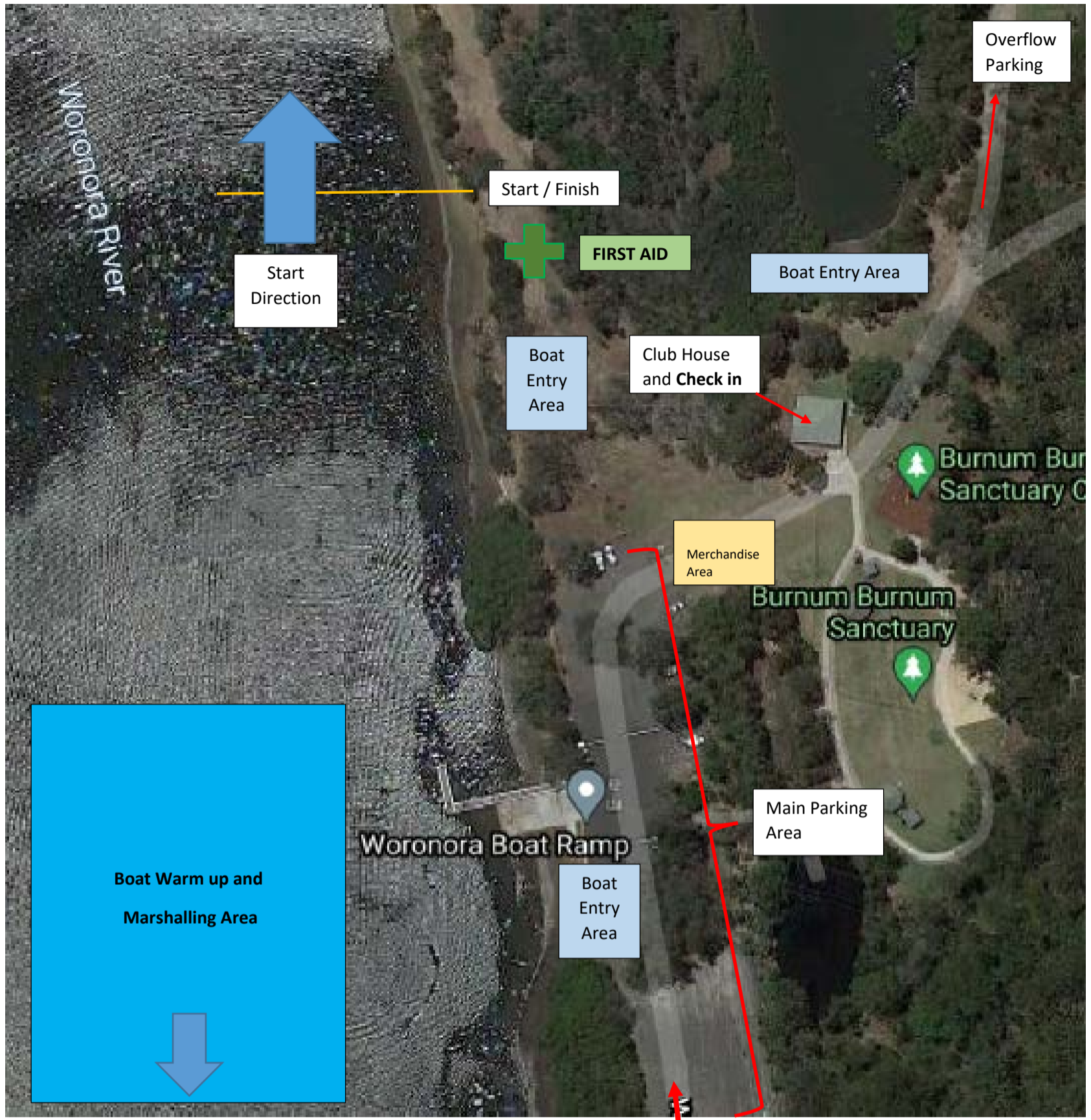


Notes:

- 20km course is 2 laps of 10km loop
- 15km course is 1 lap of 10km loop and 1 lap of 5km loop
- 10km course is one lap of 10km loop
- 5km course is one lap of 5km loop
- All turns will be marked by 3 yellow cube shaped buoys
- The upstream turn for the 10km loop is just before the floating pontoon on Prince Edward Pk Drive. Approx. 250m after you paddle under the footbridge.
- The downstream turn for 10km loop is in Thompson's Bay Illawong (orange boat on mooring in the Bay)
- Separation buoys (pink) to be kept on your left
- There will be arrows on the bridges to mark the span you should use.
- Rocks hazards will be marked with a single yellow buoy – stay clear
- Red and green permanent channel markers form the course stay within (except for three greens adjacent start/finish line). Red on left upstream and right downstream. Green on right upstream and left downstream. You will commence the course downstream.



Woronora Marathon – Detail Map



CAR PARK ENTRY
ENTRY OFF MENAI ROAD